



HICORE Education Activity Registration: Activity Details

“Confronting the Challenges in Pediatric Weight Management: Cultural and family considerations; Childhood Obesity: A Case in Point”

Designed For: This activity is designed to meet the educational needs of pediatricians, family practitioners, nurses and other health care professionals involved in the management of patients with childhood obesity.

Participants will receive CME credit upon successful completion of the CME activity, which includes the following:

1. Completing the Pre-Activity Assessment.
2. Viewing the entire webcast (enduring material activity).
3. Completing the Post-Activity Assessment (with a score of at least 80%).
4. Completing the CME Activity Evaluation form.
5. Submitting the completed forms to HICORE at the completion of the activity by surveymonkey.com, mail, fax or email.

Download the Slides.

Download the CME Enduring Activity Booklet

Click here to view the Enduring 

Activity Information:

Presenters:

Sandra G Hassink, MD, FAAP
Director of Pediatric Weight Management Clinic
A.I. duPont Hospital for Children
Wilmington, Delaware

Presenter’s Bio:

Dr. Sandra Hassink has directed the Pediatric Obesity Clinic at A IduPont Hospital for Children since 1988. Under her direction the clinic has grown from one part time pediatrician to a staff, which includes 5 pediatricians, 2 nutritionists, an exercise physiologist, child psychologist, diabetes nurse educator, and RN. The clinic currently is in operation 5-days/ week, serving obese children from infancy to young adulthood. The clinic includes a Gastric Banding Program under an FDA waiver, an infant/ toddler clinic, a clinic for patients with impaired glucose tolerance and a clinic for obese children with complex medical needs as well as serving the general practice obesity population. Included in the clinical services are weekly exercise program and a cooking skills program. Dr. Hassink also serves as faculty and on the leadership group for the primary care quality improvement initiative on obesity, which includes 9



primary care practices, 2 school wellness clinics. Dr. Hassink is the current chair of the Obesity Leadership Workgroup of the American Academy of Pediatrics, which sets the strategic direction for the AAP Obesity efforts. She has authored 2 books on obesity for health care providers and served as the senior editor for a parent book on obesity for health care providers and served as the senior editor for a parent book on obesity and the AAP obesity clinical decision support chart. Dr. Hassink has participated in both basic and clinical research on childhood obesity and has numerous published articles in the pediatric literature. Dr. Hassink has disclosed the following financial relationships with commercial interests: Pfizer Visiting Professorships in Obesity. Dr. Hassink's presentation will not include discussion of unlabeled uses of products.

Learning Objectives:

At the end of this activity, participants should be able to

1. Describe two strategies of dealing with families who are not ready to make changes to assist in the weight management of their young obese child.
2. Describe two possible approaches to an obese teen whose parents are also very obese.
3. List three of the four components of a healthy style lifestyle checklist that providers may use with families as a tool in weight management.

Accreditation and Credit Designation Statements:

Continuing Medical Education

The Hawaii Consortium for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Hawaii Consortium for Continuing Medical Education designates this educational activity for a maximum of *1.0 AMA PRA Category 1 Credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

To receive enduring credit, you must pass the Post-Activity Assessment with a score of at least 80% and complete the evaluation form.

Sponsored By:

This activity is sponsored by the University of Hawaii John A. Burns School of Medicine, Department of Pediatrics, HICORE Program (Hawaii Initiative for Childhood Obesity Research and Education) in partnership with the HMSA Foundation, American Academy of Pediatrics, Hawaii Chapter, Inc., RTRN-RCMI Translational Research Network, and the Hawaii State Department of Health Healthy Hawaii Initiative.